

# #77 Adrianna Heck P/MIF 2026



## COACHES CONTACT INFORMATION

### Travel Team:

Gold Coast Hurricanes-SAC 14U Pfistner  
Severn, MD  
Head Coach: Joe Pfistner  
Email: [goldcoastharco@gmail.com](mailto:goldcoastharco@gmail.com)  
Cell #: 443.871.7889

### High School:

Sussex Technical High School, Georgetown, DE  
Head Coach: TBD  
Email: TBD  
Cell #: TBD

### Hitting/Catching/Pitching/Fielding Instructors:

Sherry Stonebreaker - Pitching  
Cody Jones, Sports House Training – Hitting

## SOCIAL MEDIA

Twitter - @canes\_heck2026

Instagram - @canes\_heck2026

YouTube - TBD

## ACADEMIC INFORMATION

Major of Interest: Dental

Graduates: 2026

GPA: 3.86

SAT: N/A

Future Test Date: TBD

## ACADEMIC ACHIEVEMENTS

- Distinguished Honor Roll - 9<sup>th</sup> grade
- Honor Roll – 8<sup>th</sup> Grade
- Honor Roll – 7<sup>th</sup> Grade
- Honor Roll – 6<sup>th</sup> Grade

## PERSONAL INFORMATION

Bats/Throws: Right/Right  
Birthdate: July 24, 2008  
Height: 5'2" Weight 130 Age: 15  
Parents: Thomas & Shelly Heck

## TRAVEL SOFTBALL ACHIEVEMENTS

### 2022-2023 USA Diamonds Softball 14U

#### Fall/Summer

- 3<sup>rd</sup> Place USSSA Nationals – Salisbury, MD
- 3<sup>rd</sup> USSSA Swings for the Rings NIT
- 4<sup>th</sup> USSSA Delaware State Championship
- 3<sup>rd</sup> USSSA Ocean City Blast @ The Beach NIT

### 2021-2022 Guest Playing

- Fall/Summer

### PA Cheetahs

- 2<sup>nd</sup> USSSA May Mayheim

### Delmarva Freedom

- 3<sup>rd</sup> USSSA Ocean City Blast @ The Beach NIT
- 2<sup>nd</sup> USSSA 22<sup>nd</sup> Eastern Shore Invitational

### 2021-2022 USA Diamonds Softball 14U

#### Fall/Summer

### 2021-2022 USA Diamonds Softball 18U

#### Summer

### 2020-2021 Delaware Vipers 12U

#### Fall/Summer

- 1<sup>st</sup> USSSA Rehoboth Beach Fall Fest
- 2<sup>nd</sup> USSSA Pitching for a Cure
- 2<sup>nd</sup> USSSA Save Second Base for Breast Cancer
- 2<sup>nd</sup> USSSA Early Bird Qualifier
- 3<sup>rd</sup> USSSA 27<sup>th</sup> Annual Virginia Stingray Classic
- 3<sup>rd</sup> USSSA Heat @ The Beach II
- 3<sup>rd</sup> USSSA Doubles for Down Syndrome
- 3<sup>rd</sup> USSSA Delaware State Championship

## OTHER ACHIEVEMENTS, ACTIVITIES, CAMPS

- USA Diamonds 14u Fall/Summer 2022-2023  
175 Plate Appearances – 0 Strike Outs
- USA Diamonds vs. Legacy Elite 14u White,  
4/4/23 Pitched No hitter game
- 2023 Second Team All-Conference, 2<sup>nd</sup> Base
- East Stroudsburg Pitching/Hitting/Fielding Clinic
- Delaware Technical Community College
- Delaware Freedom 14u vs. East Panthers 14u,  
10/23/21 Pitched No hitter game
- Delaware Vipers 12u vs. Delaware Cobras  
10/4/20 combined No hitter game
- USA Diamonds vs. Legacy Elite 14u White,